



SQUASH RULES & REGULATIONS FOF 2022

SQUASH RULES

Event type: Individual

Format: Best of 5, point-a-rally. 11 point game

Time control: Walk-over to opponent if player is >15 minutes late for his/her game

Prizes: Winners & Runners Up in each category.

Rules and Regulations:

The Warm Up

At the start of a match the players go on court together to warm up the ball for a maximum of 5 minutes. After 2½ minutes the players must change sides, unless they have already done so.

The players must have equal opportunities to strike the ball. A player retaining control of the ball for an unreasonable time is warming up unfairly and Rule 15 (Conduct) must be applied.

The Serve

The player who wins the spin of a racket serves first.

At the beginning of each game and after each change of server, the server chooses from which service-box to serve. While retaining the serve, the server must serve from alternate boxes.

If a rally ends in a let, the server must serve again from the same box.

If the server moves to the wrong box to serve, or if either player is unsure of the correct box, the Marker must inform the players which is the correct box.

If there is any dispute about the correct box, the Referee must rule.

After the Marker has called the score, both players must resume play without unnecessary delay. However, the server must not serve before the receiver is ready.

Intervals

Any player, who is later than 15 minutes after the scheduled start of his match, will have his game forfeited

A maximum of 90 seconds is permitted between the end of the warm-up and the start of play, and between each game.

Players must be ready to resume play at the end of any interval, but play may resume earlier if both agree.

A maximum of 90 seconds is permitted to change damaged equipment. This includes glasses, protective eye-wear or a dislodged contact lens. The player must complete the change as quickly as possible, or Rule 15 (Conduct) must be applied.

Conduct

Players must comply with any tournament regulations additional to these Rules.

Players may not place any object within the court.

Players may not leave the court during a game without the permission of the Referee.

Players may not request a change of any Official.

Players must not behave in a manner that is unfair, dangerous, abusive, offensive, or in any way detrimental to the sport.

If a player's conduct is unacceptable, the Referee must penalize the player, stopping play if necessary.

Unacceptable behavior includes, but is not limited to:

- Audible or visible obscenity;
- Verbal, physical or any other form of abuse;
- Unnecessary physical contact, which includes pushing off the opponent;
- Dangerous play, including an excessive racket swing;
- Dissent to an Official;
- Abuse of equipment or court;
- Unfair warm-up;

- Delaying play, including being late back on court;
- Deliberate distraction;

CONVENOR: JIMMY BHATTI

PENALTIES:

- No-Show Penalty Per Individual Per Sport.
- No-Show Penalty Per Team Per Sport.

An Event with Less than three (3) communities shall be cancelled. Subject to change without notice. Age As at 6th OF NOVEMBER 2022. For more information Contact your community representative.